



CALENDAR OF EVENTS

JULY 2008



Youth BBC Weapon of the Month is the Sai

A sai is a metal trident. This month we will be working on the techniques, kata, and partner exercises of the sai!!!

All of July is T-Shirt Month!!!

*Feel free to wear an International Martial Arts or Zen Bei Butoku-Kai International T-Shirt to classes!!!
Be sure to have a proper uniform for Blue, Purple, & Brown Belt Exams.*

Thursday 7/3

Happy Birthday Ethan Payton!!!

Have a good one!!!

Friday 7/4 -
Saturday 7/5

Independence Day Weekend - No Classes Held Except Lil' Dragons
Bring out the fireworks & get the grill fired up!!! It's the fourth of July!!!

Have a good one!!!

Sunday 7/6

Happy Birthday Gerrud Noonan & Grant Puls!!!

Have a good one!!!

Monday 7/7 -
Saturday 7/12

Stripe Testing Week (Except Lil' Dragons) & Belt/Sash Testing Week
Practice Hard!!!

In your class

Saturday 7/12

BBC Tai Chi: 11:30 - 12:15
Youth BBC Karate (Purple/Black & Below): 1:00 - 1:45
Youth BBC Karate (Brown & Up): 1:45 - 2:30

See you there!!!

Saturday 7/12

Karate Blue, Purple, & Brown Belt Exam 2:45pm
Come properly dressed in full uniform with sparring equipment & weapons if necessary

Be prepared!!!

Sunday 7/13

Happy Birthday Lorenzo Bruglio!!!

Have a good one!!!

Monday 7/14

Happy Birthday Shantel Harris!!!

Have a good one!!!

Tuesday 7/15

Happy Birthday Kathy Cameron!!!

Have a good one!!!

Saturday 7/19

Romanelli's International Martial Arts Black Belt Extravaganza 2:00pm - 3:30pm
Come watch as the Black Belts in our school put on a demonstration of all of the different arts we teach in our school & more!!! We will also feature the promotion of nine new Black Belts!!! This is definitely the place to be!!! Held at L'Anse Creuse Middle School - North. Tickets are available at the front desk!!!

It's going to be a good one!!!

Saturday 7/19

Regular Classes End at 11:00am
No BBC or Make-Up classes held today. Black Belt Extravaganza is being held.

See you at the Black Belt Extravaganza!!!

Saturday 7/19

Happy Birthday Jaylon Hampton!!!

Have a good one!!!

Sunday 7/20

Happy Birthday Rashaunah Pernell!!!!

Have a good one!!!

Saturday 7/26

BBC Aikido: 11:15 - 12:00
Adult BBC Karate: 1:00 - 1:45
Adult Open Class (All Levels Welcome): 1:45 - 2:30

See you there!!!

Saturday 7/26

Yudansha Training 2:45pm - 4:45pm
Attention Black Belts: This is a special training opportunity just for you!!! Mark your schedules and calendars!!!

Be there!!!

Monday 7/28

Happy Birthday Brooke Wainwright!!!

Have a good one!!!

Tuesday 7/29

Happy Birthday Elijah Julian!!!

Have a good one!!!

Visit us on the web at: www.internationalma.com